



year round activities

heated outdoor swimming pools and hot tubs

complimentary

outdoor heated swimming pool (85°)
three outdoor hot tubs
women and men's locker rooms with sauna

tennis courts

complimentary

4 tennis courts
tennis racquets and tennis balls available through the recreation department

basketball court

complimentary

basketballs available through the recreation department

mini-golf

complimentary

mini putter and golf balls available through the recreation department

nature trails

complimentary

deschutes national forest river trail directly below the condos

kids quest

\$25 1/2 day session [\$5 lunch if requested]

\$40 full day session

hours: 9am-12noon; 1pm-4pm
ages 5-11 come together to make friends, explore, learn and have fun
for reservations ask for x6600 / recreation

athletic club of bend

\$12 day pass available through recreation

full service athletic club with state of the art equipment
aerobics, cardio, indoor pool, tennis, racquet ball, weights

spa treatments

\$25-\$100+ depending on service

spa w	541-388-1485	125 nw wall street
face to face day spa	541-389-2519	809 nw wall street
the oasis spa	541-317-1404	133 sw century drive



summer activities

big eddy white water rafting

\$40 adult; \$35 youth [individual rate]
\$35 adult; \$30 youth [group rate—10+ people]

thrilling rafting experience on the Deschutes river (class III)
fun for all ages
ideal for group outings
1 1/2 hours door to door
professional and experienced guides
professional photo option to take home
for reservations ask for x6600 / recreation

guided canoe float

\$15 adult; \$10 youth

experience the beauty of the Deschutes river from a canoe
guides float a calm section of the river while you relax
for reservations ask for x6600 / recreation

mountain biking

\$10-\$20 adult; \$4-\$6 youth (includes helmet)

experience the Mecca of mountain biking out your front door
for rental information ask for x6600 / recreation

golf courses

varies depending on course, time and season

widgi creek	541-382-4449	adjacent to seventh mountain
river's edge	541-389-2828	400 nw proshop (riverhouse)
lost tracks	541-385-1818	60205 sunset view drive
aspen lakes	541-549-4653	16900 aspen lakes drive, sisters

fly fishing

\$275-\$475 for full day guided trips

fly fishers place	541-549-3474	151 w main street, sisters
fly & field	541-318-1616	143a sw century drive

wanderlust tours

preferred guide company for an incredible central oregon experience

volcano tours	1/2 day trips	\$40 adult; \$35 youth
cave tours	1/2 day trips	\$40 adult; \$35 youth
hiking / sightseeing	1/2 or full day	\$40/\$75 adult; \$35/\$60 youth
canoe cascade lakes	4 hour tour	\$45 adult; \$40 youth
moonlight canoe	8pm-12midnight	\$65 adult



winter activities

ice skating

\$5 rink admission per session; \$2 skate rental per session

\$4 rink admission per session; \$2 skate rental per session [group rate—15+]

brand new expanded ice rink

fun for all ages

ideal for group outings

2 hour sessions

open 12noon-9pm (please call for specific times due to lessons)

for reservations ask for x6600 / recreation

mt. bachelor-downhill skiing & snowboarding

\$49-\$52 adult; \$42-\$45 teen [13-18]; \$30-\$32 youth [6-12]

experience the best skiing in oregon-just 20 minutes from seventh mountain

ease of purchasing tickets at our front desk for the same price

vast terrain for all abilities

amenities: lessons, dining, two villages, daycare center, rentals

parks and pipes: superpipe, air chamber, sunshine park, slopestyle arena

summit elevation: 9065'

vertical drop: 3365'

chairlifts: 10 (seven high speed quads)

open: thanksgiving—end of april (depending on conditions)

mt. bachelor-cross country skiing

\$13-\$14 adult; \$6-\$7 youth [6-12]

oregon's best groomed tracks and trails

beautiful log cabin lodge with fireplace, café, ski and sport shop

56k (35 miles) of trails for all abilities

open: thanksgiving—end of april (depending on conditions)

wanderlust tours

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snowshoe tours 1/2 day trips \$37 adult; \$34 youth

moonlight snowshoe 7pm-11pm \$55 adult

snowcamping overnight \$225 adult

working wonders children's museum

when the kids need a break from skiing

museum is located upstairs in the shops at the old mill

520 sw powerhouse drive #624 541-389-4500

the high desert museum

equal parts museum and zoo, the museum offers something for all ages

59800 south highway 97 541-385-4754